



## Expert Tips for Knowing When the Time Is Right for Memory Care Assisted Living

For at-home caregivers, knowing when it's time for professional, round-the-clock memory care for a loved one with Alzheimer's disease or another form of dementia can be very difficult and emotionally challenging. Fortunately, there are professional resources available that provide you with the objective criteria you need for deciding when the time is right for full-time memory care.

According to the **Alzheimer's Association**, the most important criteria include:

- **Personal Safety** – Is your loved one with Alzheimer's becoming less safe in their current home? Do they have difficulty climbing stairs, toileting and bathing? Are they at risk of falling?
- **Health Status** – Is the health of your loved one or your health as a caregiver at risk? Have symptoms of the disease progressed to the point where they are becoming very challenging for you to manage in the home, e.g. incontinence, dehydration, aggression, paranoia and wandering?
- **Their Care Needs and Your Capabilities** – Are your loved one's care needs progressing beyond your physical abilities? Is your loved one becoming increasingly dependent on you for help with activities of daily living such as eating, dressing, bathing and toileting?
- **Caregiver Stress** – Are you becoming a stressed, irritable and impatient caregiver? Are you feeling depressed, hopeless and having trouble sleeping?
- **Your Other Responsibilities** – Are you neglecting your work responsibilities, your family and yourself?
- **Quality of Life** – Would the 24-hour professional care, security, support services, social interaction and life-enriching activities at a memory care community benefit your loved one with dementia?

These expert guidelines can help you to make an objective decision that is in your loved one's best interests as well as your own.

### **Live Vibrantly! at Provident Village at Creekside**

At Provident Village at Creekside, we believe vibrant days ensure bright tomorrows, so we've created a community where seniors, quite simply, [Live Vibrantly!](#) Whether it's in our [Assisted Living Community](#) or [Memory Care Neighborhood](#), each day we celebrate the individuality and strengths of each resident.

At Provident Village, to *Live Vibrantly!* means that days are filled with joy, vitality, growth and security. It means residents are socially active and personally empowered, with access to the personalized care and support they need to live fully. It means residing in a community where [intellectual, social, emotional, spiritual and physical care](#) are seamlessly integrated into everyday life.

**We invite you to [visit us](#) and see for yourself!**

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